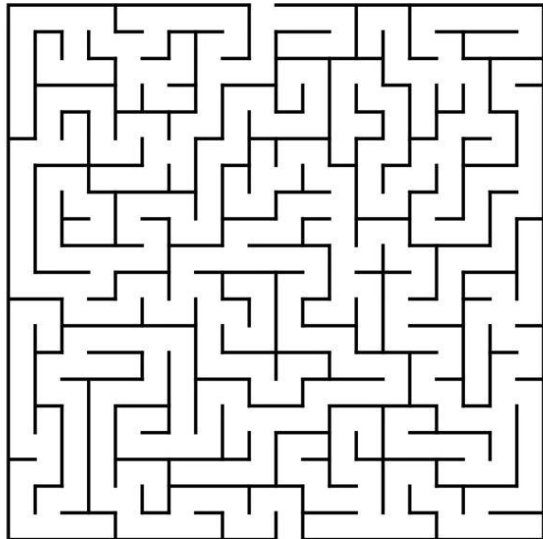


# THE SOURCE

A VERO NEWSLETTER



## MOTHERS MAKE THE WORLD GO ROUND



Mothers are some of the most influential people in our lives. They have raised us to the best of their ability by providing us with words of encouragement, unconditional love, and impeccable patience throughout the years. Mothers deserve to be celebrated individually every day, but especially on May 8th this year.

Just like they did with us, you want your mom to be healthy and living life to its fullest. However, there can be many factors that can negatively impact a person's wellbeing. If either your Mom, wife, daughter, sister or friend currently suffer from any health problems or back pain and it's affecting her quality of life, then we have the perfect Mother's Day gift idea! There is nothing quite like showing your Mom how much you love and appreciate her than by helping her to feel physically and mentally better.

Our team wishes all moms a happy and healthy Mother's Day! You truly make the world go round and a better place.



Tiffany started chiropractic after a car accident when she was 17 years old. She struggled with headaches constantly. About four years ago, she began care at Vero and immediately noticed a significant improvement in her health. Not only is she regularly adjusted, but so are her three kiddos! Although they did not have any significant health concerns, Tiffany was sure to lay a strong foundation of health for her children by ensuring they have regular chiropractic care.

We love serving all of our practice members, especially mothers and their kids!

### LAY A STRONG FOUNDATION

Chiropractic care is a core piece of health at every age. From a newborn to grandma and grandpa, many health issues can be resolved by restoring the body’s communication. Our bodies are designed to heal themselves, which is something Tiffany has experienced here in our office.

### MEALS FROM THE HEARTLAND

Last month, our team had the opportunity to volunteer at the Meals from the Heartland. In just two hours, we packaged nearly 8,500 meals! We had so much fun giving back to our community and packing meals for children all around the world.



### MEET DR. CHRIS

*I'm native to Central Iowa and spent the first eight years of my adult life in the U.S. Army as an Airborne Medic. My military service helped me discover my gift for serving people and passion for health and the human body. After attending Grand View University, I became a D.C. at Life Chiropractic College West in California. In my free time, I enjoy serving on my church production team, officiating high school football, and cooking.*

You will find Dr. Chris back in the adjustment rooms. Be sure to say hello on your next visit!

### CONNECT WITH US



### LEAVE A REVIEW

